



GREGORY HALPEN

Actor | Singer | Creative Practice Coach

REACH

Your Creative Potential!

A THRIVING CREATIVE PRACTICE
AT YOUR FINGERTIPS.

Gregory is here to teach you how to cultivate and maintain a thriving creative practice that will take your creativity to new heights. A creative practice that typically leaves students with a strong sense of purpose and direction for the creative juice they need on their creative journey.

Lessons and workshops tailored to help you design a creative practice and build healthy creative habits that are unique to who you are as a creative person.

SIGNATURE TOPICS

- The Creative Practice**
How to develop a creative practice and creative habits that will sustain you through creative stumble blocks.
- Tame Your Inner Critic**
How to tame your inner critic without shaming your inner critic.
- Anxiety and Creativity Integration**
How to channel stress into your creative work.
- Lead From Your Story**
How to center your story without being self-centered.



GREGORY'S PODCAST

Hey, this is Creative Juices Podcast and I'm your host Gregory Halpen. This show is your guide for getting you back on track towards unlocking your creative potential.